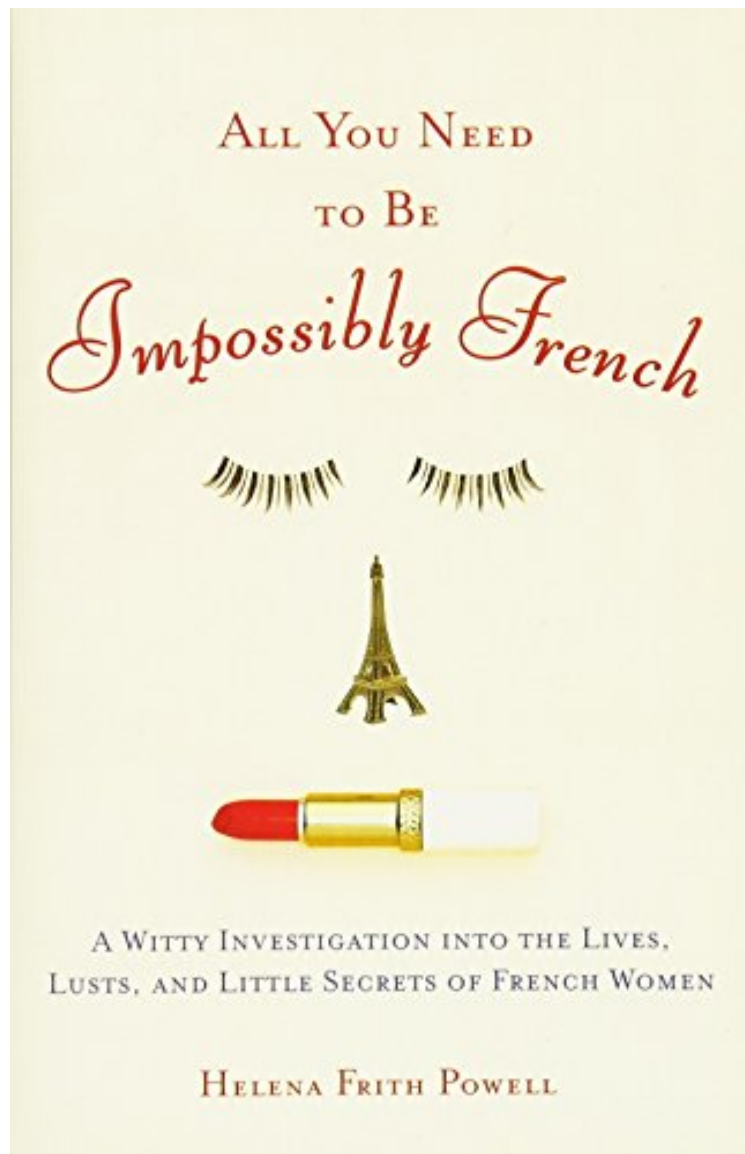


(Free and download) All You Need to Be Impossibly French: A Witty Investigation into the Lives, Lusts, and Little Secrets of French Women

All You Need to Be Impossibly French: A Witty Investigation into the Lives, Lusts, and Little Secrets of French Women

Helena Frith-Powell

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#221808 in Books Helena Frith Powell 2006-11-01 2006-11-28Original language:EnglishPDF # 1 7.76 x .60 x 5.04l, .40 #File Name: 0452287782240 pagesAll You Need to Be Impossibly French A Witty Investigation into the Lives Lusts and Little Secrets of French Women | File size: 34.Mb

Helena Frith-Powell : All You Need to Be Impossibly French: A Witty Investigation into the Lives, Lusts, and Little Secrets of French Women before purchasing it in order to gage whether or not it would be worth my time, and all praised All You Need to Be Impossibly French: A Witty Investigation into the Lives, Lusts, and Little Secrets of

French Women:

5 of 5 people found the following review helpful. A fun read
By Aria I'm second-generation American-French and a francophone, so I like to read books that reveal the French mindset and approach to life. This one is very entertaining. It would have been better to have named it 'All You Need to Be Impossibly Parisian', though. I have friends who are native French, but from parts of the country far from Paris. There is a lot in this book that is true of Parisian women, but not of French women in general. Doesn't matter - this is just a really fun read.
4 of 4 people found the following review helpful. Loved this book, I wish I had read it before I went to France.
By Bonnie Trout The French way of living, though different from the U.S., makes sense in their way of shopping for clothing, groceries, entertaining. They purchase only the best they can afford and don't get caught up in the marketing of buying too many things that they don't really need. I have changed my outlook on my purchases since reading this book. I would highly recommend it to anyone that loves France.
13 of 14 people found the following review helpful. Loved this book!
By E. Malkin I really liked the book, I found it to be an easy read, funny, informative and quite inspirational. Actually, I liked the book more and more as I kept reading it (except the chapter on lingere - the author went on too long about the importance of wearing matching lingere, etc - I did not think this topic deserved so much attention, but oh well, perhaps it does - afterwards I did go and buy myself a nice lingere set! And new creams, and make up. :)). I read this book on the bus on my way to and from work and looked forward to my bus ride every day - not a normal thing for me. I also purchased the other "more famous" book ("French Women Don't Get Fat"), but I thought it was a bit boring (I still finished it and can't say it was bad, just not as consuming). The latter talks mostly about diet while this book is much more entertaining and covers all aspects of French women lives. I am lending the book to everyone I know now, what a gem!

The allure of the French woman - sexy, sophisticated, flirtatious, and glamorous is legendary. More than an eye for fashion or a taste for elegance, the French *je ne sais quoi* embodies the essential ingredients for looking and feeling beautiful. With wit, whimsy, and wonder, British expatriate Helena Frith Powell uncovers the secrets of chic living in *All You Need to Be Impossibly French*, a cheeky guide to releasing your inner French woman. Delving deep into a mysterious realm of face creams, silk lingerie, and shopping-as-exercise, Powell reveals how French women stay impossibly thin and irresistibly sexy by achieving the maximum effect from the minimum amount of effort. Forget diet and inspiration books and style guides - this is all you need to embrace the wisdom of French living, and learn how to turn every day into *la petite aventure*.

Witty, and very elegantly written... verbal Viagra. ("Sunday Times") A fascinating and illuminating read. ("Daily Mail")
About the Author Helena Frith Powell's writing career began with her *French Mistress* column in *The Sunday Times*. She is a regular contributor to the *Daily Mail*, *Daily Telegraph*, the *Sunday Telegraph*, and *Harpers Bazaar*, among other publications. Helena is the author of eleven books, and a beauty blogger at beautyorbeast.uk.